

Wisdom Courage Respect

Dear Parents, Carers and members of our school community,

The sun is shining, the days are getting longer and we are all thrilled to be back at school for the Summer Term. The next few weeks are some of the busiest of the year with many classes going on school trips, SATs for children in Year 6, Power to Change Week, WellFest and many more. Sports Day this year will take place on 12<sup>th</sup> June and we have set a reserve date of 19<sup>th</sup> June in case the weather is against us.

#### Nut free School

Children who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties). First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens and we have a KITT box in school with spare auto-adrenalin injectors for use in emergency situations.

Due to having children in school with nut allergies, we cannot have nuts on site in any form.

We ask that you have **no nut products** in the lunch boxes or brought into the school as treats.

For example:

- Peanut butter sandwiches
- Chocolate spreads containing nuts (E.G. Nutella)
- Cereal bars, granola bars, biscuits or cakes that contain nuts
- Sauces that contain nuts, including satay

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check and we really appreciate your support. We do have to insist we are a nut free school. I know if this was your child you would expect that we all help.

#### PTFA News

Many thanks to all the families who supported the PTFA discos and the Easter Fair. We are pleased to let you know that a total of £372 was raised at the disco and £403 at the Easter Fair. A huge thank you to the PTFA committee for their hard work in organising events to support the school.

#### Online Safety – Group Chats

At times, we get requests from our Upper Key Stage 2 parents in navigating negative behaviour within children's group chats. The latest Online Safety Newsletter focuses on this topic to support parents navigating these issues at home. Please find a copy at the end of this newsletter. We encourage all parents to follow guidance about age appropriacy of different types of chat groups and monitor children's communication with care.

**Winning Castle Team** – Congratulations to Lincoln Castle Team for winning the team trophy last term. All children in Lincoln Castle are invited to wear non-uniform with a splash of yellow next week on Friday (1<sup>st</sup> May).

#### School Uniform

As the weather improves, we understand that children can feel hot in school. However, please note that appropriate school shoes must be worn each day and children must not come to school wearing crocs or sandals. Some girls choose to wear summer dresses and we suggest they wear shorts under them if they enjoy cartwheeling or twirling around on the trim trail!

Reminder – no jewellery should be worn unless for religious reasons and only simple stud earrings please.

#### End of the school day

Please note, the school gates are open at the end of the day from 15:25 until 15:35. We are unable to keep the main gates open later as children in after-school clubs need safe and secure access to the site. We appreciate children like to play on the equipment at the end of the day, or play on the field, but we will give them reminders that they need to leave site once they are collected. Thank you for your support in this.

#### Armed Forces Day

We are looking forward to Armed Forces Day today and celebrating the month of the military child. A huge thank you to the children from our Service Club for delivering a worship yesterday all about their experiences and also for organising the afternoon event today at 14:45.

#### Early May Bank holiday

Please note school will be closed on Monday 4<sup>th</sup> May for the Early May Bank Holiday.

*Best wishes, Mrs Lucy Jackson, Headteacher*

### Naming items

Please ensure all items coming into school are clearly named. This helps us return items to the correct owner quickly if they get misplaced.

As we move into the warmer months, this will include sun hats and sun cream 😊.

Many thanks for your help in this.



### **Key Dates for the Spring Term**

#### **Week beginning 27<sup>th</sup> April**

Tuesday 28<sup>th</sup> – Y6 PGL Meeting 15:30 in Year 6

Thursday 30<sup>th</sup> – Open the Book Worship

Friday 1<sup>st</sup> May – Lincoln Castle Team – Non-uniform and extra break 😊

#### **Week beginning 4<sup>th</sup> May**

Monday 4<sup>th</sup> – Bank Holiday

Thursday 7<sup>th</sup> May – Year 3 trip

Friday 8<sup>th</sup> May – Year 1&2 trip

Year 3 Positive Boundaries Workshop with LSCP

#### **Week beginning 11<sup>th</sup> May – Year 6 SATS Week**

#### **Week beginning 18<sup>th</sup> May – Power to Change Week**

Wednesday 20<sup>th</sup> – Reception Class trip

Friday 22<sup>nd</sup> – End of Term 5

Monday 1<sup>st</sup> June – First day of Term 6 and Year 6 residential

**Term dates can be found here –**

[School term times – Lincolnshire County Council](#)

### **Safeguarding is the responsibility of everyone.**

If you believe that a child may be a victim of neglect, abuse or cruelty call Children's safeguarding - 01522 782111 (Monday to Friday, 8am to 6pm). This is Lincolnshire Children's Services who will take the information and log any details you wish to share. The out of hours number is 01522782333 or email [lscb@lincolnshire.gov.uk](mailto:lscb@lincolnshire.gov.uk).

#### **Online Safety**

Internetmatters.org is a great place to start if you are looking for ways to support your children in on line safety. You can get advice by age group and support in how to set controls on devices.

### Parking

We ask all members of our school community to park with care and respect for our children and other road users.



#### **Rule 243 of the Highway Code**

This rule in the Highway Code makes it very clear that we **must not** park near a school entrance, anywhere that would prevent access for the Emergency Services or on a bend. Please take care and make sure you follow the Highway Code.

#### **Park and Stride**

The car parks at the playing field and social club are available for use for any parents to 'park and stride' each day. This may help with congestion and therefore help keep our children as safe as possible.

### **Useful Contacts**

**Childline:** 0800 1111

**Lincolnshire Prevent Team:** 0207 340 7264

**Young Carers Helpline:** 01522 553275

**NSPCC Whistle Blowing Helpline:** 08088 005000

**Domestic Violence:** 0808 2000 247

**Samaritans:** 01522 528282

**Anxiety UK:** 08444 775774

Healthy Minds Lincolnshire is a children and young people's emotional wellbeing service. For further information, please visit their website

[www.lpft.nhs.uk/young-people](http://www.lpft.nhs.uk/young-people)

If you are wishing to contact Healthy Minds regarding suitability for a referral into the service of a child or young person in your care, please contact the Here4You line on: 0800 234 6342

If you wish to contact school for additional support, our Mental Health Lead is Mr Kidd and our SENDCO is Mrs Tomlinson. Both can be contacted via [enquiries@ancaster.lincs.sch.uk](mailto:enquiries@ancaster.lincs.sch.uk).

## Stay Safe Team

# How to Navigate Group Chats Safely

### Helping children stay safe, kind & confident online.



Group chats have become a big part of how children stay connected with classmates, friends, extended family and wider social groups. Whilst they can be fun and positive, they can also become overwhelming, unkind or unsafe without your guidance.

### Why group chats can be challenging for children:

Group chats can move quickly and create pressure for children to keep up.

Common issues include:

- Too many notifications.
- Misunderstandings.
- Exclusion and arguments.
- Sharing unkind gossip or images.
- Pressure to respond late at night.
- Added to chats without permission.

Talking openly with your child about these challenges can help them feel more confident and capable.

### What you can do at home:

#### Set healthy boundaries

- Agree on device-free times (eg. meals).
- Encourage children to mute group chats.
- Remind them its ok to leave a group.

#### Teach them "THINK before you send"

Before posting, ask them to check if the message is: true, helpful, & kind.

#### Encourage children to speak up about anything:

- Unkind, unsafe or aggressive.
- Not to join in or share it further.
- Save a screenshot if worried.
- Talk to a trusted adult.

Remind children not to share private information in group chats and model healthy digital behaviours yourself.

### Where to go for support

internet  
matters.org

[www.internetmatters.org/advice/apps-and-platforms/social-media/whatsapp/](http://www.internetmatters.org/advice/apps-and-platforms/social-media/whatsapp/)

Social  
Media



Safer  
Lincolnshire



Stay Safe  
Partnership



@StaySafe  
Partner

Contact for info: [SSP@lincolnshire.gov.uk](mailto:SSP@lincolnshire.gov.uk) <https://www.lincolnshire.gov.uk/staysafepartnership>