

PSHE Subject Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS – Class England	<p>Beginning and Belonging <i>Understand how to welcome new people and to make the classroom a safe and happy place. To understand right and wrong.</i></p>	<p>Family and Friends <i>Identify who is special to them and what makes those people special and what a good friend is.</i></p>	<p>Identities and Diversity <i>Understand the different people who make up a family. To identify the different places and features in their neighbourhood.</i></p>	<p>My Body and Growing Up <i>Identify what our bodies can do and how our bodies have changed since birth.</i></p>	<p>Keeping Safe <i>Understand the words safe or unsafe. To know simple safety rules for when they are at home, at school or out and about and know the people who keep them safe.</i></p>	<p>Healthy Lifestyles <i>Know how to keep their body healthy and what exercise is and why it is good for us.</i></p>
Year 1- Class France	<p>Beginning and Belonging <i>Identify what makes themselves and others special and the roles and responsibilities at home and school. To understand how to co-operative with others.</i></p>	<p>Family and Friends <i>Understand what a friend is and does and how to make friends and keep friends.</i></p>	<p>Diversity and Communities <i>Understand how the roles of boys and girls can be stereotyped. To know that their community is made up of different cultures.</i></p>	<p>Sex and Relationships Education <i>Name the main body parts including the sexual parts. Understand the importance of hand washing and using a tissue.</i></p>	<p>Personal Safety <i>Understand safety in familiar situations and about people who help keep them safe outside the home.</i></p>	<p>Managing Change <i>Appreciate that change is a normal part of life and it cannot always be planned for.</i></p>
Year 2- Class Morocco	<p>Rights, Rules and Responsibilities <i>Understand why we have classroom rules and know what their responsibility is</i></p>	<p>My Emotions <i>Understand the link between thoughts, feelings and behaviour. Learn strategies for regaining a positive frame of mind.</i></p>	<p>Financial Capability <i>Understand where money comes from and making choices when spending money. To learn about saving money and how to keep it safe.</i></p>	<p>Sex and Relationships Education <i>Put babies, children and adults of different ages into the correct age order. Understand the</i></p>	<p>Managing Risk <i>Understand what a risky situation is and ways of reducing risk. Know what an emergency is and identify people who can help them.</i></p>	<p>Healthy Lifestyles <i>To learn about eating well and the importance of physical activity, sleep and rest.</i></p>

				<i>basic needs of babies.</i>		
Year 3- Class China	Beginning and Belonging <i>Identify people to ask for help and understand the roles different adults play in keeping us safe both at school and at home.</i>	Family and Friends <i>Recognise the qualities of a good friend and develop ways to resolve conflicts which arise amongst peers.</i>	Diversity and Communities <i>Learn about valuing the similarities and differences between themselves and others and what is meant by community. To understand what it means to belong to groups.</i>	Sex and Relationships Education <i>Name the main external parts of male and female bodies including the scientific terms penis, testicles, breast and vagina.</i>	Personal Safety <i>Develop a network of support. Understand the difference between good and bad secrets.</i>	Managing Change <i>Understand the emotions involved with experiencing loss and change and know how to seek help in dealing with these emotions.</i>
Year 4- Class Chile	Rights, rules and responsibilities <i>Understand why rights are important and the responsibilities that come with having rights.</i>	My Emotions <i>Understand what the 'fight or flight' response is and how it can affect behaviour.</i>	Financial Capability <i>Identify what influences people's choices about spending and saving money and learn about the world of work.</i>	Sex and Relationships Education <i>Understand the main stages of the human life cycle and explain what adulthood means.</i>	Healthy Lifestyles <i>Identify reasons why people make unhealthy choices and understand what makes a healthy lifestyle.</i>	Managing Risk <i>Identify physical, social and emotional risks. Recognise emergencies and suggest suitable actions.</i>
Year 5- Class India	Beginning and Belonging <i>Develop strategies for being in new situations in different contexts.</i>	Family and Friends <i>Understand the importance of groups within friendships and recognise some of the pressures which can occur in group situations.</i>	Diversity and Communities <i>Appreciate and understand the ethnic make-up of their community and different groups that live in Britain. Identify the negative effects of stereotyping and prejudice.</i>	Sex and Relationships Education <i>Understand the main changes that will happen at puberty, some ways to manage them, and how it affects people differently. Identify the effects of body image.</i>	Personal Safety <i>Define honesty and take part in exploring dilemmas involving honesty and dishonesty. Identify personal boundaries</i>	Managing Change <i>Identify feelings involved with change and how to manage these emotions.</i>

<p>Year 6- Class USA</p>	<p>Rights, Rules and Responsibilities <i>Understand the role of parliament, MPs, local councils and councillors and link this with school councils.</i></p>	<p>My Emotions <i>Identify what it feels and looks like to be assertive and understand some situations where being assertive might be important.</i></p>	<p>Financial Capability <i>Understand what money is, including history, trade and currencies. Appreciate that managing money is complex and may involve risk but there are people who can help.</i></p>	<p>Sex and Relationships Education <i>Identify the main stages of how a baby is made, using some scientific vocabulary. Develop strategies to positively deal with the emotions caused by puberty.</i></p>	<p>Managing Risk <i>Know and apply the 'Stop, Decide, Do' strategy. Understand basic road safety and the hazards associated with cycling.</i></p>	<p>Healthy Lifestyles <i>Identify the nutrients contained in different foods and understanding the benefits of having a well-balanced diet.</i></p>
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